



टेण्डर हार्ट्स स्कूल

कक्षा-एक पाठ्यक्रम

विषय-हिन्दी साहित्य

क्र०सं०	माह	पाठ	कार्यविवरण
1.	मार्च	1.	वर्णमाला
2.		2.	बिना मात्रा वाले शब्द (मौखिक)
3.	अप्रैल		आ की मात्रा
4.			इ की मात्रा
5.	मई	5.	ई की मात्रा
6.		6.	उ की मात्रा
7.	जुलाई	7.	ऊ की मात्रा
8.		8.	ए की मात्रा
9.	अगस्त	9.	ऐ की मात्रा
			रिवीजन (अर्द्धवार्षिक परीक्षा)
10.	सितम्बर	10.	ओ की मात्रा
11.		11.	औ की मात्रा
12.	नवम्बर	12.	अनुस्वारअं की मात्रा
13.		1.	झूला कविता (मौखिक)
14.	दिसम्बर	3.	फसलें का त्योहार पोंगल
15.		4.	शरारतीबंदर
16.	जनवरी	5.	वृक्ष और तिनका (पठन)
17.		6.	भारत की शान (पठन)
18.	फरवरी		रिवीजन (वार्षिक परीक्षा)



टेण्डर हार्ट्स स्कूल
कक्षा-एक पाठ्यक्रम
विषय-हिन्दी भाषा

क्र०सं०	माह	पाठ	कार्यविवरण
1.	मार्च	1	भाषा मौखिक
2.		2	वर्णमाला
3.	अप्रैल	3	मात्राएँ, बिन्दु, चन्द्र बिन्दु (पुस्तक में)
4.		निबन्ध	मेरीमाँ
5.	मई	4	नामवाले शब्द लड़का-लड़की
6.	जुलाई	अपठित गद्यांश	एक अनेक
7.			लिखित (कापी में)
8.	अगस्त	5	वाक्य बनाइए (पुस्तक में)
9.		6	नाम की जगह
10.	सितम्बर		रिवीजन (अर्द्धवार्षिक परीक्षा)
11.	अक्टूबर	7	कैसा, कितना
		8	काम करो
12.	नवम्बर	9	स्मान अर्थ वाले शब्द (पुस्तक में)
13.		निबन्ध	दीपावली
14.	दिसम्बर	10 अपठित गद्यांश	उल्टे शब्द वाले अर्थ लिखित (कापी में)
15.	जनवरी	11	चित्र वर्णन (मौखिक)
		11	सुना' कहानी (मौखिक)
16.	फरवरी		रिवीजन (वार्षिक परीक्षा)



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : ENGLISH LANGUAGE

MONTHS	UNIT	TOPIC	REMARK
MARCH	LESSON 1 & L10 LESSON 2 LESSON 3	The Alphabets + Vowels and Consonants Nouns(Naming Words: Common Names and Special Names)	
APRIL	LESSON 4 LESSON 5 LESSON 16 ESSAY	Singular & Plural and Gender(One and More than One, He or She) Sentences My favourite Pet	
MAY	COMPREHENSION LESSON 17	Pg. 81 A (In book) Capital Letters, full stop & question mark(in book)	
JULY	LESSON 6 & 7 PICTURE READING	Pronouns(He, She, I, You, It, We, They) Pg. 87 (in book)	
AUGUST	LESSON 8 COMPREHENSION ESSAY	This, That, These, Those Pg. 81(B) My Family	
SEPTEMBER		Revision	Half Yearly Examination
OCTOBER	LESSON 9 LESSON 11 ESSAY	Adjectives(Describing Words) Verbs(Doing Words) A day at the beach	
NOVEMBER	LESSON 12 & 13 LESSON 14 COMPREHENSION ESSAY	Helping Verbs(Is, Are, Am, +ing) Have, Has Preposition(in, on, under, near) Pg. 82 (C) A Picnic	
JANUARY	LESSON 18 LESSON 20	Opposites(only book) Animals & their Young Ones (only book)	
FEBRUARY		Revision	Annual
			Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : ENGLISH LITERATURE

MONTH	UNIT	TOPIC	REMARK
MARCH	LESSON 1 POEM	The Mango Tree On the Bus (oral-to be done in	
APRIL	LESSON 2	Hoppity, Hop! Splash, Splash	
MAY	LESSON 3	Happy Birthday	
JULY	LESSON 4	Bobby and Robby	
AUGUST	LESSON 5 POEM	What does the Prince want? My Garden (oral-to be done in zero period)	
SEPTEMBER		Revision	Half Yearly
			Examination
OCTOBER	LESSON 6	Arun and Tara A Little Bird Song (oral-to be done in zero period)	
NOVEMBER	LESSON 7 POEM	Clever Fred I Use My Brain (oral- to be done in the zero period)	
DECEMBER	LESSON 8	Free and Happy	
JANUARY	LESSON 9	Dear Animal Day	
FEBRUARY		Revision	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : COMPUTER

MONTHS	UNIT	TOPIC	
MARCH	LESSON 1	Computer is a Machine	
APRIL	LESSON 2	Parts of a Computer	
MAY	Pg. 63 Pg.64	Fun with Colouring Fun with Stickers	
JULY	LESSON 3	Uses of Computer Pg.65(in book)	
AUGUST	LESSON 4 Note Pad	The Keyboard	Worksheet in BOOK
SEPTEMBER		REVISION	Half Yearly Examination
OCTOBER	LESSON 5	The Mouse	
NOVEMBER	LESSON 6	MS Paint (Introduction)	
DECEMBER	LESSON 6	MS Paint (Contd.) Pg. 66 (in book)	
JANUARY	LESSON 7	TUX OF MATHS	
FEBRUARY		REVISION	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : MORAL SCIENCE

MONTHS	UNIT	TOPIC	REMARK
MARCH	LESSON 1	To God ... with Love	
APRIL	LESSON 2	My Parents... My Angles	
MAY	LESSON 3	Burger Belly	
JULY	LESSON 4	The Banana Lesson	
AUGUST	LESSON 5	My School... My Second Home	
SEPTEMBER		Revision	Half Yearly Examination
OCTOBER	LESSON 6	Share Your Cookies	
NOVEMBER	LESSON 7	The Magic Tree	
DECEMBER	LESSON 8	Too Many Nuts	
	LESSON 9	My Motherland	
JANUARY	LESSON 10	Musical Donkey	
FEBRUARY		Revision	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : MATHS

MONTHS	UNIT	TOPIC	REMARK
MARCH	LESSON 1	Numbers Up to 20	
APRIL	LESSON 2 LESSON 3	Addition Up to 10 Subtraction up to 10	
MAY	LESSON 4	Shapes & Patterns (Introduction)	
JULY	LESSON 4	Shapes & Patterns (Contd.)	
AUGUST	LESSON 5 LESSON 6	Addition & Subtraction Up to 20 Numbers Up to 50	
SEPTEMBER		Revision	Half Yearly Examination
OCTOBER	LESSON 7	Measurement	
NOVEMBER	LESSON 8 LESSON 9	Numbers Up to 100 Addition & Subtraction Up to 100	
DECEMBER	LESSON 10	Time & Money	
JANUARY	LESSON 11	Data Handling	
FEBRUARY		Revision	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : EVS

MONTHS	UNIT	TOPIC	REMARK
MARCH	LESSON 1 LESSON 2	Introducing Myself My Body & My Senses	
APRIL	LESSON 3 LESSON 5 LESSON 6	My family Good Habits Safety First	To be done in the ECA
MAY	LESSON 7	Healthy Eating (WORK SHEET)	
JULY	LESSON 9 LESSON 11	Shelter Important Place In Our Neighbourhood	
AUGUST	LESSON 12 LESSON 13	People who help us Festivals and National Celebrations	
SEPTEMBER		Revision	Half Yearly Examination
OCTOBER	LESSON 14	Prayers and Worship	
	LESSON 15	At School	
NOVEMBER	LESSON 16 LESSON 17	Transport and Communication Plants around Us	
DECEMBER	LESSON 19 LESSON 20	Water around Us Air around Us (COMBINED WORKSHEET)	
JANUARY	LESSON 21	The Earth & the Sky	
FEBRUARY		Revision	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT: GENERAL KNOWLEDGE

MONTHS	PAGE NO.	
MARCH	Pg. No. 10-14	
APRIL	Pg. No. 16-21	
MAY	Pg. No. 22-24	
JULY	Pg. No. 26-31	
AUGUST	Pg. No. 32-38 + Current Affairs	
SEPTEMBER	REVISION	Half Yearly Examination
OCTOBER	Pg. No. 40-48	
NOVEMBER	Pg. No. 50-56	
DECEMBER	Pg. No. 57-63	
JANUARY	Pg. No. 64-70 + Current Affairs	
FEBRUARY	REVISION	Annual Examination



TENDER HEARTS SCHOOL

CLASS : I SYLLABUS

SUBJECT : DRAWING

MONTHS	PAGE NO.	DRAWING	
MARCH	Pg. No. 1-3	MANGO	
APRIL	Pg. No. 4-6	APPLE	
MAY	PG. No. 7-10	BALLOON	
JULY	Pg. No. 11-13	HUT & TREE	
AUGUST	Pg. No. 14-16	BIRD	
SEPTEMBER	REVISION		Half Yearly Examination
OCTOBER	PG. No. 17-20	DIYA DECORATION	
NOVEMBER	Pg. No. 21-24	CARTOON	
DECEMBER	Pg. No. 25-28	SHIP	
JANUARY	Pg. No. 29-32	LOTUS	
FEBRUARY	REVISION		Annual Examination