



TENDER HEARTS SCHOOL
AFFILIATED TO CBSE, NEW DELHI
SYLLABUS FOR THE FIRST TERM : 2019-2020
MARCH-SEPTEMBER
CLASS : PRE-NURSERY

1. ENGLISH

A. RECOGNITION OF LETTERS : A - P

B. VERBAL SKILLS : (USE OF SHORT SENTENCES)

1. MYSELF

Q1. What is your name ?

Ans. My name is

2. MY SCHOOL

Q1. What is the name of your school ?

Ans. The name of my school is "Tender Hearts School".

3. PHYSICAL ENVIRONMENT :

- (a) We see the sun in the morning in the sky.**
- (b) We see the moon and stars at night in the sky.**

ORATORY


RHYMES : FUN-FILLED RHYMES BOOK - A

- | | | |
|---------------------------------------|----------|--------------|
| 1. A for Apple | - | Pg.3 |
| 2. Twinkle Twinkle Little Star | - | Pg.4 |
| 3. Jack and Jill | - | Pg.5 |
| 4. Row Row | - | Pg.7 |
| 5. Johnny Johnny, Yes Papa | - | Pg.12 |
| 6. Chubby Cheeks | - | Pg.13 |
| 7. Rain, Rain, Go away | - | Pg.14 |
| 8. One Two Buckle | - | Pg.17 |
| 9. Teddy Bear - 2 | - | Pg.21 |

SINGING :

- (i) **Good Morning, Good Morning**
Good Morning to you,
Good Morning, Good Morning and how do you do,
We are all in our places
With sun shining faces
Oh ! What a good way
To start a new day
- (ii) **Clean up time (2)**
Clean up here and there
Clean up time (2)
Clean up every where
- (iii) **A to Z (Oral Song)**
A B C D
E F G
H I J K
L M N O P
L M N O P Q R S T
U V W X Y Z
Happy, Happy children we, for we know our ABC

C. PATTERN WRITING :

- i) **DOTS ON SLATE AND PAPER WITH CHALK**
& CRAYONS :
- ii) **STANDING LINES** : 11111111
- iii) **SLEEPING LINES** : _____
- iv) **SLANTING LINES** : // // // //
- v) **HALF CIRCLES** : 
- PATTERN WRITING SKILLS (WORK BOOK) :Pg 5 -26**

II. HINDI : RHYMES

- | | | |
|-----------------------|---|-------|
| 1. प्रर्थना | & | Pg.2 |
| 2. मछली जल की रानी है | & | Pg.5 |
| 3. चंदा मामा दूर के | & | Pg.6 |
| 4. बिल्ली मौसी | & | Pg.9 |
| 5. लालाजी | & | Pg.10 |

III. NUMBER WORK (ORAL) :

- A. Rote Counting : 1 to 10.
B. Object Counting : 1 to 5
Eg - 0 0 0 0 0 = 5
C. Recognition of Numbers : 1 to 7.

IV. THINKING AND CONCEPTUAL SKILLS :

Understanding similarities and differences. In/out, open/close, up/down
Visual discrimination big/small, long/short

Development of senses : wet/dry, hot/cold

V. FREE HAND DRAWING :



VI. COLOURING :

Hello Colours : Pgs. 4 to 15

VII. COGNITIVE DEVELOPMENT :

- A. COLOURS : Red, Yellow, Green, Blue,
Black, White
The sky is blue
The grass is green

The sun is yellow

The rose is red

- B. FRUITS** : Apple, Mango, Banana, Orange, Grapes
- C. VEGETABLES** : Potato, Tomato, Onion
- D. PET ANIMALS** : Dog, Cat, Cow, Rabbit,
- E. WILD ANIMALS** : Lion, Elephant, Bear, Tiger
- F. SEASONS** : Summer Season, Rainy Season
- G. PARTS OF THE BODY** : Hands, Eyes, Ears, Nose, Lips, Stomach
- H. FAMILY** : Father, Mother, Grand Father,
Grand Mother
- I. FESTIVALS** : Holi, Dussehra, Eid
- J. MEANS OF TRANSPORT** : Car, Train, Aeroplane, Ship
- K. ACTION WORDS** : Cry, Dance, Sing, Jump, Clap,
Sit, Stand
- L. COMMUNITY HELPERS** : Doctor, Teacher
- M. FLOWERS** : Rose, Lotus
- N. SHAPES** : Circle ○
- O. ANIMAL CRIES** : Dog - barks
Cat - Mews
Lion - Roars

VIII. PHYSICAL AND MOTOR SKILLS DEVELOPMENT :

- Folding, Unfolding and Spreading Napkin
- Opening and Closing bottle cap.
- Opening and Closing Boxes.
- Rolling and Unrolling mats.
- How to open and close velcro.

- Newspaper crumpling.
- Finger and Thumb printing.
- Muscle Exercise: Stretching on tip toe Flapping arms like a bird flying Jumping like a frog

IX. SOCIO-EMOTIONAL DEVELOPMENT : (MORAL STORIES)

1. Cleanliness
2. Sharing
3. Obedience
4. Helpfulness

X. STORY TIME :

1. The Crocodile and the Monkey
2. The Thirsty Crow
3. Goldilocks and the Three Bears
4. Three Little Pigs

